



## Rowing

There are references to rowing at St Margaret's dating back to the start of the 20<sup>th</sup> century. However, it was the formation of BSRA in 1990 that really established rowing as prominent sport within the framework of St Margaret's. In 2005, the St Margaret's Rowing Shed, located just 1.5km from the school in Yowogerra Park on Breakfast Creek, was completed.

The facility allows a full fleet of world class boats and oars, as well as coaching tinnies and rowing machines, to be stored and accessed by students throughout the year.

Rowing at St Margaret's is about developing transferable, life-long skills through training. Rowing requires a high level of teamwork, commitment and dedication - more than most other sports. St Margaret's remains highly competitive within the regattas and The Head of the River. Recent significant achievements include:

2017	1st Place Aggregate Cup 1st Place Year 8 and Senior Divisions
2016	1st Place Aggregate Cup 1st Place Year 8, 10 and Senior Divisions
2015	1st Place Aggregate Cup 1st Place Year 10 and Senior Divisions 2nd Place Year 9 Division Head of the River Regatta
2011-2016	First VIII Race (Open Crew) Head of the River Champions
2014	1st Place Year 8 First Quad Race 2nd Place Year 8, 9 and 12 Single Scull Race 1st Place Year 10 Single Scull Race 1st Place Senior Third Eighth Race 2nd Place Second Eighth Race

2013      1st Place Year 8 First Quad Race  
             1st Place Year 9 Second Quad Race  
             2nd Place Year 8 Single Scull Race

### **Crews**

Girls compete in year levels, rather than age groups. Following trials, all Years 8 to 12 girls are selected into crews. The fastest student in each year level is also selected to race in the single scull. Rowing endeavours to accommodate all students who wish to participate.

### **Training**

Training is held in Terms 2 and 3.

There are limited opportunities in Term 1 for new rowers to attend 'Learn to Row' sessions. During the holidays between Terms 2 and 3, all rowers are encouraged to attend the rowing camp.

In Term 3 there are five lead-up regattas, the majority of which are on the Sunshine Coast, at Lake Kawana. The season concludes with the BSRA Head of the River Regatta in late August at Lake Kawana.

### **Training Venue**

St Margaret's Rowing Shed, Sandgate Road, Albion.

### **Competition Venue**

The BSRA Regatta Season is held on Saturdays throughout Term 3 at Lake Kawana on the Sunshine Coast.

### **Uniform**

Training is conducted in the physical education polo shirt and bike pants or the rowing suit (Zootie). The competition uniform is the Zootie for all crews other than Year 8s who have the option of wearing the physical education uniform when racing.