

Gymnastics

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Artistic Gymnastics

St Margaret's competes in the QGSSSA artistic gymnastics competition. Delta Gymnastics oversees the program and has assisted students in becoming state and national gymnastic champions. Students who compete for St Margaret's will participate in several divisions and in apparatus including vault, bars, beam and floor.

Training

Training commences in Term 1; the competition is held at the end of Term 1. Training sessions are held on three mornings a week and members are expected to attend all training sessions.

Training Venue

Delta Gymnastics - Boothby Street, Kedron.

Competition

The QGSSSA Gymnastics competition is held at Clayfield College in March. There may also be various lead-up competitions conducted by other schools participating in the competition.

Rhythmic Gymnastics

Rhythmic gymnastics teams compete in the QGSSSA competition across a range of apparatus that may include ribbon, ball, clubs and rope. The competition is open to all ages and students are graded based on their ability or year level.

Teams are arranged into:

Year 7 and Year 8

B Grade: Rope, Hoop, Ball, Ribbon, Ball/Hoop teams

A Grade: Groups and Pairs teams – any apparatus.

Training

Training commences in Term 2 and continues until the competition in August. Teams train two times a week.

Training Venue

Philip Harris Gym

Competition

The QGSSSA competition is held in August at Moreton Bay College, Manly.