

# Student Wellbeing

**Four guiding principles** shape the aims and practices of St Margaret's pastoral care program, which underpins the promotion and nurturing of student wellbeing in the school.

At St Margaret's we believe student wellbeing:

- is the central component of high quality education
- sits at the heart of effective learning
- is centred around the themes of connection and belonging
- is the responsibility of all staff, not just those with formally identified pastoral care responsibilities.

The Pastoral Care Program **aims** to:

- establish a connection between each student and the school which promotes a sense of belonging
- assist students to become dynamic and passionate members of the broader community
- build a culture that celebrates difference and diversity
- promote the development of empathy and compassion within each individual
- foster students' social, emotional, spiritual, ethical and physical development in order to reduce risk-taking behaviours and minimise harm
- imbue students with an understanding of their power as authors of their lives.

## **Practices**

St Margaret's puts these principles and aims into practice across six areas:

- Academic Care
- Explicit Programs
- Service Opportunities
- Student Counselling Service
- Chaplain Care
- Boarding Care