

Dance

A new extra-curricular dance program was introduced into the secondary school in 2016. Students in Years 8 to 12 audition for one of two groups: Synergy is a more performance-based group and Fusion incorporates some technical training as well as rehearsal time to learn routines for school-based performances. In 2016 both groups performed on school assemblies and at the MAYO Arts Festival.

Involvement in dance not only develops fitness and co-ordination, but also teaches discipline, commitment and team work, while enhancing memory, posture and musical awareness.