



St Margaret's



Sport

EXTRA-CURRICULAR Sports Program

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Mission Statement Sports Department

St Margaret's Anglican Girls School aims to provide a comprehensive activities program, which is held in esteem by the school and broader community. Within a supportive Christian environment and through the encouragement of participation and recognition of excellence, the school provides opportunities for all students to access a wide range of sporting and cultural activities, which suit individual talents, provide challenge and foster personal development.



Values

The school's six core values of spirit, faith, integrity, courage, respect and passion are embedded in every endeavour students undertake.

Spirit	We value and demonstrate an enthusiasm for the School, our heritage and our achievements. St Margaret's spirit is in all of us and it is there for life.
Faith	We welcome and embrace all in sharing the Christian message, example and spirit of love, compassion, hope and charity.
Respect	Respect for self, others and our environment is encouraged and accepted as the responsibility of each member of the school community in developing an environment that is caring, supportive and cooperative.
Integrity	We value honesty, trustworthiness, loyalty, truthfulness, courtesy, understanding, reliability and ethical behaviour from all.
Courage	We encourage strength of character and confidence in doing what is right, and in stepping beyond our comfort zone.
Passion	We enjoy life, learning and our experiences by being positive, committed and willing to embrace challenge and change.

General Information

The **Primary** Activities Office is serviced by the following staff:

- Morgan Rowe, Coordinator of Primary Activities
P: +61 7 3862 0754 E: mrowe@stmargarets.qld.edu.au

The **Secondary** Activities Office is serviced by the following staff:

- Lloyd Knight, Head of Sport
P: +61 7 3862 0737 E: hlobegeiger@stmargarets.qld.edu.au
- Delia Eastland, Assistant Extra-curricular
P: +61 7 3862 0802 E: deastland@stmargarets.qld.edu.au
- Jared Bidwell, Head of Rowing
P: +61 7 3862 0770 E: jbidwell@stmargarets.qld.edu.au
- Kevin Sargent, Head Swimming Coach
P: +61 7 3862 0893 E: ksargent@stmargarets.qld.edu.au
- * Gayle Coutts, Head of Netball
P: +61 7 3862 0774 E: gcoutts@stmargarets.qld.edu.au
- Activities Office E: activities@stmargarets.qld.edu.au

Secondary Sports

St Margaret's is a member of the QGSSSA, BSRA, BWPI and Downey Park Netball Association, which ensures competition in a wide range of sports. Students also have the opportunity to compete in State Secondary School competitions. Sporting activities available include AFL, artistic gymnastics, athletics, badminton, basketball, cricket, cross country, hockey, life saving, netball, rhythmic gymnastics, rowing, football (soccer), swimming, tennis, touch football, volleyball and water polo.

Primary Sports

St Margaret's is a member of Andrews Cup, BWPI and Downey Park Netball Association, which allows competition in artistic gymnastics, athletics, basketball, cricket, cross country, netball, tennis, touch football, soccer, swimming and water polo. 2022 will see an introduction to AFL.

Training and Practice

Transport for all boarders and day girls to and from training sessions at Windsor Park and the rowing shed, as well as competitions, is provided by the school.

Students are expected to be punctual to all training sessions and are to wear the appropriate uniform. Students who are unable to attend a training session should inform the teacher coordinator prior to the session in question. Changes to training sessions, cancellations due to inclement weather and weekly updates to competition times and venues are regularly updated on the POD.

Students must wear their sports uniform if travelling by car (from home to a training session) before 7:30am or if they plan to leave a training session or competition after 4:30pm. While in public, students must observe a high standard of personal behaviour and dress at all times. Parents are requested to ensure that their daughters are collected promptly at the end of training sessions and competitions. Any girl not collected at the specified time will return to school on the bus to await collection from the Breezeway.

Communication

Secondary and primary sport information is accessible via the POD Secondary and Primary Sport group pages. Additional and specific information for QGSSSA (secondary), Andrews Cup (primary) and other sports played outside these associations, is available by joining each specific sport group page. The POD is accessible through the School App and notifications can be received via smart phone through changes to your settings found under the parent profile. Information on how to do this can be found on the Parent POD Support page.

Activities Code of Behaviour

The Activities Code of Behaviour must be observed for all activities. The Code of Behaviour can be found on the Secondary and Primary Sport POD page and students, staff and parents are expected to adhere to these rules and expectations at all times.

Parental Involvement

Parents have the opportunity to support the sports program on a number of levels, either by spectating, coaching or managing a team, or by becoming a member of a support group.

Support Groups

The mission of the support groups at St Margaret's is to work in partnership with the school to enhance the extra-curricular experiences for students. Active support groups are seen as a vital means of fostering parental involvement within the school, which in turn encourages all students to maximise their potential through the sports program.

Support groups at St Margaret's operate under the umbrella of the St Margaret's P&F Association Inc. and are therefore covered by the school's insurance policies. Support groups are encouraged to help with the wellbeing of St Margaret's students in all areas of endeavour within the school. The secondary school currently operates support groups for the following activities:

Athletics Cross Country Hockey Netball Rowing Swimming
Tennis Touch Football Water Polo

Sports Registration

Students will register for sport online through a link available via email and through the POD. Only students can register for a sport. Registration is open throughout the year, depending on the sporting season (Summer, Autumn or Winter).

- These periods coincide with the beginning of each sport season throughout the year.
- These registration periods are open for two weeks.
- Students select what sport/s they wish to register for during that season.



PRIMARY ACTIVITIES



Andrews Cup Sport

St Margaret's Primary School competes with 9 other schools in the Queensland Girls Primary Independent Schools referred to as Andrews Cup. The interschool competition includes 10 sports and sporting events are held during the school week as listed below.

Andrews Cup Events and Dates

Activities	Venues	Dates
Swimming	Chandler Aquatic Centre	Monday 7 March
Touch Football	Owen Park, Southport	Tuesday 15 March
Tennis	Southport	Tuesday 15 March
Cross-country	Toowoomba	Tuesday 31 May
Soccer	Toowoomba	Tuesday 7 June
Netball	Downey Park, Windsor	Wednesday 27 July
Athletics	QSAC, Nathan	Thursday 18 August
Cricket	Valley District, Ashgrove	Wednesday 19 October
Artistic Gymnastics	Somerville House	Thursday 3 November
Basketball	Coomera	Thursday 3 November

Andrews Cup is the primary interschool sports competition (all year round).

Andrews Cup Sports are available for:

- Girls in Years 2 to 6 can participate in athletics, swimming, cross country and gymnastics
- Years 4 to 6 can participate in netball, tennis, touch football, Soccer, Cricket and Basketball

Some important points to note:

- All girls are eligible to try out for these sports (voluntary)
- Selection processes are in place for all Andrews Cup sports
- Once **selected** in a team or squad, girls **must** commit to attending training sessions

St Margaret's Primary Sport POD Page

Primary sport information is accessible via the POD primary sport group pages. Additional and specific information for Andrews Cup and other sports played outside these associations, is available by joining each specific sport group page. The POD is accessible through the School App and notifications can be received via smart phone through changes to your settings under your parent profile. Information on how to do this can be found on the Parent POD Support page.

Selection Criteria for Andrews Cup

1. Full attendance is required for training before and after trials, unless unavoidable circumstances. Any absences must be notified to the Primary Activities Coordinator as soon as possible.
2. If an individual is unable to attend the nominated trials due to an unavoidable circumstance, she must provide written evidence, such as a medical certificate. In which case, past performance during Health and Physical Education lessons will be taken into consideration.
3. Selection is based on performance during trials and training sessions. This includes attitude, skill and fitness levels. Performance during Health and Physical Education lessons is also taken into consideration.
4. Squads/teams will be announced as soon as possible after the final trial.
5. If a student should have any queries regarding final selection, they should request to speak to the Primary Activities Coordinator or the Primary Health and Physical Education teacher.

Please note, once **selected** in a team or squad, girls **must** commit to attending training sessions.

Term 1 Andrews Cup Sports

If your daughter is in Year 2 to 6 and is interested in training and trialling for Cross Country or Swimming, please sign up for the Andrews Cup Swimming and Andrews Cup Cross Country POD pages. For girls in Years 4 to 6 interested in playing Tennis or Touch Football, please sign up for the Andrews Cup Touch Football and Andrews Cup Tennis POD pages.



Swimming Years 2 to 6

The training sessions are run in age groups, not year levels. **Andrews Cup competition events are determined by the age the girls are turning this year.** All girls must train with their age group.

A limited number of students are selected for the Andrews Cup swimming squad. If your daughter is not selected, she is able to train throughout Term 1.

More information and updates will be provided on the Andrews Cup Swimming POD page.

Swimming Camp – (Years 2 - 6 Day Camp)

Students who wish to trial for the Andrews Cup swimming squad should attend the primary swimming camp in the holidays (date to be confirmed). More information will be posted on the Andrews Cup Swimming POD page.

Touch Football Years 4 to 6

Touch football trials will commence in Term 1, Week 2. Trials will run for two weeks (four sessions).

Teams will be announced during Term 1, Week 4.

Touch football training will take place at Crosby Park. Afternoon training students meet the teachers in the Atrium at 3:20pm and walk down to Crosby Park. Girls should be collected directly from Crosby Park after training at 5:00pm. Morning training sessions, students will need to be dropped to Crosby Park 5 minutes before their training session commences. Following the training session, girls will walk up to school with the teachers.

More information and updates will be provided on the Andrews Cup Touch Football POD page.

Please note: Girls can only participate in **either** touch football or tennis as the Andrews Cup carnival for these sports is held on the same day.



Tennis Years 4 to 6

- Tennis trials will commence in Term 1, Week 1. Trials will run for two weeks (two sessions).
- Teams will be announced during Term 1, Week 2.

Tennis training information will be available as soon as possible.

More information and updates will be provided on the Andrews Cup Tennis POD page.

Please note: Girls can only participate in **either** touch football or tennis as the Andrews Cup carnival for these sports is held on the same day.

Cross Country

Cross Country Year 2 to 9 years, Morning Training Session (Junior Squad)

Students from Year 2, and 8 and 9 year old's should be dropped at Crosby Park at 6:45am. School bags should be dropped in the Atrium prior to 6:45am. The students walk back to school at 7:45am with a cross country coach. Please ensure a teacher is present before leaving your daughter at Crosby Park.

Cross Country 10-year old's and over, Morning Training Sessions (Senior Squad)

Students who are 10 years old and over will train as part of the secondary school cross country program; Mr Eric Brown and his coaches will run with the girls through the local streets and parks. Students should be dropped at St Margaret's Sports Precinct by 6:30am to meet the primary staff member for roll call.

Please note: If your daughter does not meet the standard required, she will be asked to train with the junior squad.

If you would like to run with your daughter's age group, please let Miss Morgan Rowe know.

Training in Term 2 will recommence Week 1, Term 2, unless notified on the POD.

More information and updates will be provided on the Andrews Cup Cross Country POD page.



Term 2, 3 and 4 Andrews Cup Sports

Soccer Years 4 to 6

Soccer trials will commence in Term 2, Week 1. (Please note this date is subject to change.) Trials will run for two weeks (two sessions).

Training will take place for all teams at Windsor Park. For morning sessions, students will need to be dropped to Windsor Park 5 minutes before their training session commences. Following the training session, a bus will drop the girls to school. For afternoon sessions, students meet the teachers in the Atrium at 3:20pm and catch the bus down to Windsor Park. Girls should be collected directly from Windsor Park after training.

More information and updates will be provided on the Andrews Cup Soccer POD page.

Netball Years 4 to 6

Netball trials will commence in Term 2, Week 6. (Please note this date is subject to change.)

Training will take place for all teams at Windsor Park. For morning sessions, students will need to be dropped to Windsor Park 5 minutes before their training session commences. Following the training session, a bus will drop the girls to school. For afternoon sessions, students meet the teachers in the Atrium at 3:20pm and catch the bus down to Windsor Park. Girls should be collected directly from Windsor Park after training.

Training in Term 3 will recommence Week 1, Term 3, unless notified on the POD.

More information will be provided with regards to netball closer to the netball season.



Athletics Years 2 to 6

Athletics training will commence in Term 2, Week 4. (Please note this date is subject to change.)

Athletics training will take place for all members of the squad at Windsor Park. For morning sessions, students will need to be dropped to Windsor Park 5 minutes before their training session commences. Following the training session, a bus will drop the girls to school. For afternoon sessions, students meet the teachers in the Atrium at 3:20pm and catch the bus down to Windsor Park. Girls should be collected directly from Windsor Park after training.

Training in Term 3 will re commence Week 1, Term 3, unless notified on the POD.

More information and updates will be provided on the Andrews Cup Athletics POD page.



Cricket Years 4 to 6

Cricket trials will commence in Term 3, Week 7. (Please note this date is subject to change.) Trials will run for two weeks (four sessions).

Training will take place for all teams at Windsor Park. For morning sessions, students will need to be dropped to Windsor Park 5 minutes before their training session commences. Following the training session, a bus will drop the girls to school. For afternoon sessions, students meet the teachers in the Atrium at 3:20pm and catch the bus down to Windsor Park. Girls should be collected directly from Windsor Park after training.

Training in Term 4 will recommence Week 1, Term 4, unless notified on the POD

More information and updates will be provided on the Andrews Cup Cricket POD page.

Gymnastics Years 2 to 6

Andrews Cup gymnastics is run by the Delta Gymnastics staff at Kedron.

The Andrews Cup Gymnastics trials will commence in Term 3, Week 5. (Please note this date is subject to change.)

Training in Term 4 will recommence Week 1, Term 4, unless notified on the POD

More information and updates will be provided on the Andrews Cup Gymnastics POD page.

Basketball Years 4 to 6

- Basketball trials will commence in Term 3, Week 6. (Please note this date is subject to change.)

Training will take place for all teams in the Philip Harris Gym (PHG). For morning sessions, students will need to be dropped to the PHG 5 minutes before their training session commences. For afternoon sessions, students meet the teachers in the PHG. Girls should be collected directly from the PHG after training.

Training in Term 4 will recommence Week 1, Term 4, unless notified on the POD

More information and updates will be provided on the Andrews Cup Basketball POD page.



Andrews Cup Code of Behaviour

This Code of Behaviour should be brought to the attention of players, parents, coaches and spectators.

1. Winning is an important ingredient of any sporting tradition, but should not be placed more highly than the spirit and enjoyment of the game or the development of appropriate behaviour related to losing or winning.
2. Good performances from either/any team should be acknowledged. Encourage your children to clap the opposition and their own players following a good performance.
3. The basis for all sport rests with encouragement of honest effort and the development of skills.
4. Children learn best from a good example being set.
5. Children should be taught and encouraged to play by the rules as laid down and abide by the referee's/umpire's decision.
6. Positive encouragement is valuable and appreciated – ridicule and harassment is not.
7. Over-zealous and loud support is often detrimental to the performance of children.
8. **Outbursts questioning the decision of referees or umpires are unacceptable.**
9. Games are played for the fun and benefit of children, not as a demonstration of their parent's previous sporting proficiencies or inefficiencies.
10. **The needs and goals of the children should be the prime objective. If a positive, encouraging comment cannot be made – it is better to say nothing.**



Collection of Students

All girls need to be collected from the training venue by a parent or designated adult within 5 minutes of the finishing time. Students not collected by this time will be sent to Outside School Hours Care or the Boarding House.

Wet Weather Notification

During the week if it is raining heavily or storms are predicted and/or looming, sport training may be cancelled. Guardians may call Morgan Rowe on **3862 0754** to check training status. An email message and School App notification will also be sent at least 30 minutes before the starting time of training.

Selection Process for City District Sport

For all City Districts sports the school is **limited** in the number of students able to be sent.

The Primary Activities Coordinator and the Primary Health and Physical Education teacher are the two official selectors in the Primary School.

Swimming, cross country and athletics are selected based on times/distances. These times/distances are taken from Andrews Cup competitions and trials, which are completed prior to the nomination due date for City Districts. City Districts do have qualifying times/distances that need to be met throughout all sports.

For all team sports, we take into consideration a student's level of participation in the sport outside of school. Performances during Andrews Cup training sessions and Health and Physical Education lessons are also a part of the selection process.

Interhouse Swimming/Athletics Carnival Selection Criteria for Events – Primary School

1. Times and distances for each student are recorded during Health and Physical Education lessons prior to the carnival date.
2. Students trialing for selection in the Andrews Cup swimming and athletics teams will have additional times and distances recorded.
3. Within each House and age group, students are allocated events based on times and distances recorded during Health and Physical Education lessons and Andrews Cup trials. The student with the best time/distance for an event will be selected as the 'A' competitor.
4. Results from the previous year's carnival will not be taken into account when selecting students for the current year.

Club Netball

Club Netball is a fantastic program available to St Margaret's students who are turning 7 years old and in grade 2 in 2022 to students at the top of the school turning 18 years old. Over 230 girls participate in the Downey Park Netball League each year. Each team has their own coach, weekly training sessions and weekly matches to further their development.

Due to the high participation level of Club Netball, sufficient parental support is required to assist in the running of this program prior to start of the season.

We look for parents to be involved as Team Managers. Parents will be given the opportunity to express interest in volunteering when completing the online form found in the St Margaret's Club Netball POD page .

Club Netball training for all 7,8,9 and 10 year old teams will take place once a week on Thursday at the Philip Harris Gym at 6.30am. 12 year old teams will train Monday afternoons at Windsor Park.

For the non-competitive teams (7, 8, 9 and 10 year olds), plus friend requests will be taken into consideration. Please ensure requests are made when signing up.

Please ensure you have signed up on Netball Connect (further information will follow) before your daughter attends trials.

Pre season clinic Saturday 12 February Philip Harris Gym, 7-10 yrs 10.30am-12.00 noon, 11-12 yrs 12.30pm-2.00pm – Parent information session at 12 noon in the Philip Harris Gym.

Trials for Club Netball will be held on Sunday 20 and 27 of February in the Philip Harris Gym.

Club Netball training will commence in Week 7, Term 1.

Club Season Commences Saturday 19 March 2022.

Selection Criteria for Club Netball

1. Full attendance is required for all training trials, unless unavoidable circumstances. Any absences must be notified to the Head of Netball.
2. If an individual is unable to attend the nominated trials due to an unavoidable circumstance, she must provide written evidence, such as a medical certificate. In which case, past performance during Health and Physical Education lessons will be taken into consideration.
3. Selection is based on performance during trials and training sessions. This includes attitude, skill and fitness levels. Performance during Health and Physical Education lessons is also taken into consideration. St Margaret's Club Netball endeavours to place every child in a team.
4. Squads/teams will be announced as soon as possible after the final trial.
5. If a student should have any queries regarding final selection, they should request to speak to the Head of Netball, Primary Activities Coordinator or the Primary Health and Physical Education teacher.

Age	Trial	Trial Venue	Trial Time
7, 8, 9 and 10 years	Sunday 20 February Saturday 27 February	Philip Harris Gym	10.30am -12 noon
11 years	Sunday 20 February Saturday 27 February	Philip Harris Gym	12.30pm -2.00pm
12 years	Sunday 20 February Saturday 27 February	Philip Harris Gym	12.30pm -2.00pm

St Margaret's Primary Sport POD Page and Club Netball Sport POD Page

We have a Primary Sport POD page and School App for St Margaret's Primary Sport. This will enable us to inform you of cancellation of sport, bus arrival time, sport forms, training schedule and any further information required for sport.

Please contact Miss Morgan Rowe mrowe@stmargarets.qld.edu.au with any issues regarding the St Margaret's Primary Sport POD Page.

Other After School Activities

Students may also participate in the following activities after school by private arrangement with the following organisations:

Rise Tennis

Miss Beck Meares
Telephone: 0488 166 162
Email: beck@rise.com.au
Website: www.rise.com.au

Learn to Swim

Email: Aquatics@stmargarets.qld.edu.au

Swim Club

Email: Aquatics@stmargarets.qld.edu.au

Club Netball

Mrs Gayle Coutts
Telephone: 0403 262 840
Email: GCoutts@stmargarets.qld.edu.au

Magnettes Netball

Mrs Gayle Coutts
Telephone: 0403 262 840
Email: GCoutts@stmargarets.qld.edu.au

Little Moves Dance

Susie and Maddie
Email: susie@littlemoves.com.au

Skipping

Luke Boon
Email: luke@jumpforceint.com

Delta Gymnastics Club

Telephone: 3262 0055
Facsimile: 3262 1198
www.deltagym.com.au

French (private lessons)

Rodolphe Coudre
Telephone: 0435 598 458
Email: rodoudre@yahoo.fr

Mandarin (private lessons)

Elli Zhang
Telephone: 0405 073 523
Email: elli.zhang@gmail.com

Please visit the website to arrange private lessons.

Chess

The Chess Club will commence in Term 1. Chess is a sport currently enjoyed by millions of people world-wide. The Gardiner Chess Centre supplies fully supervised chess coaching to students from Years 1 – 6. Throughout the year students will have the opportunity to participate in chess tournaments held at other schools.

Where	Primary Library – Dalhousie
When	Tuesday afternoons Years 1 & 2 (3:20 – 4:00pm) Years 3-6 (3:20 - 4:30pm)
Dates	Commences Week 2, Term 1
Cost	The total cost for the term will be payable through Flexischools via the St Margaret's website.
Special Notes	<ul style="list-style-type: none">• As numbers are strictly limited, please return your slip to the Primary Office with payment asap.• If you have any questions regarding Chess, please direct these to Ms Morgan Rowe in the first instance on 3862 0754.• Please be advised that if we do not receive your term fees for Chess, the amount will be added to the following terms School Fees.

Throughout the year students will have the opportunity to participate in chess tournaments.

French

This course is designed to emphasise the development of communication skills in listening and speaking as well as reading and writing.

Where	Chaseley Classroom (C203)
When	Monday and Friday mornings before school – 45min , Tuesday, Wednesday, Thursday and Friday afternoons – 1 hour
Dates	Commences Week 2, Term 1
Cost	\$18.00
Special Notes	<ul style="list-style-type: none">• Available from beginners to more advanced children. Prep children are welcome.• No writing (or note taking) will take place. Teaching will be essentially based on visuals and games.• All students will be issued with a booklet including what was taught in class and some exercises/games to practise.• Email – rodcoutre@yahoo.fr

SECONDARY ACTIVITIES

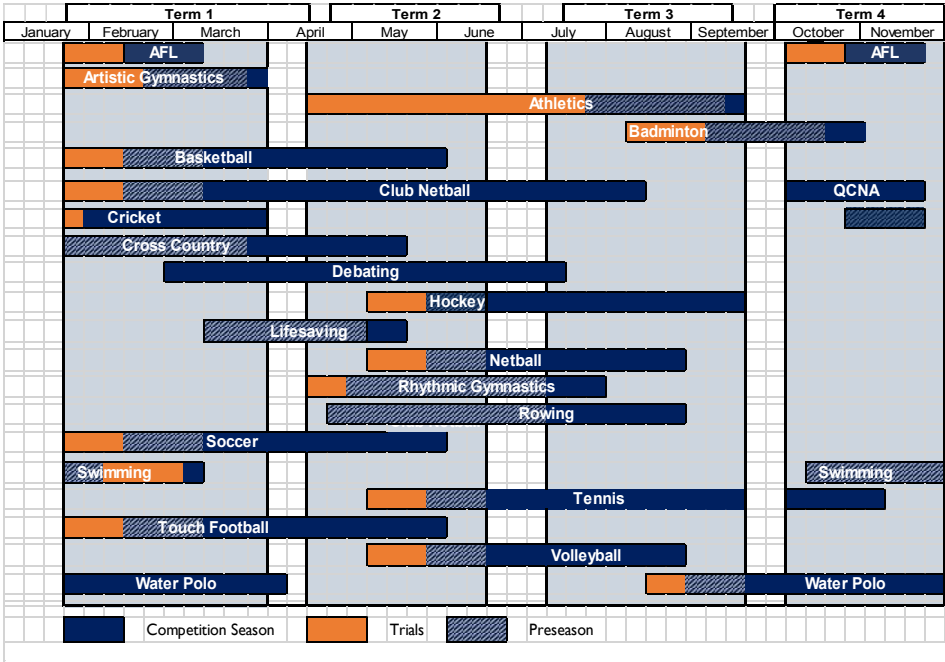




Extra-Curricular Sport Schedules and Seasons

St Margaret’s offers 19 sports in the secondary school. The major competition periods for each sport are highlighted below.

Term 1	Term 2	Term 3	Term 4
AFL (Seniors)	Basketball	Athletics	AFL (Juniors)
Artistic Gymnastics	Club Netball	QGSSSA & Club Netball	Badminton
Club Netball	Cross Country	Hockey	Tennis
Cricket	Life Saving	Rhythmic Gymnastics	Water Polo
Club and QGSSSA Swimming	Soccer	Rowing	Club and QGSSSA Swimming
Water Polo	Touch Football	Tennis	
	Club Swimming	Club Swimming	
		Volleyball	



AFL

AFL was introduced to St Margaret’s in 2020. From 2022 students will be provided the opportunity to play AFL as part of the QGSSSA competition. Seniors (years 10 - 12) will compete in Term 1 and Juniors (years 7 - 9) will play in the QGSSSA competition in Term 4.

Training	Training commences in Term 3 for Years 7 - 9 and Term 1 for Years 10 - 12. Training sessions are held twice a week.
Training Venue	Windsor Park Sporting Fields (Windsor).
Competition	Competition will be held in Term 1 and Term 4 at various venues with the QGSSSA competition.
Uniform	The school navy physical education uniform is suitable for training. School AFL jerseys, navy shorts and long blue socks are required for competition.



Artistic Gymnastics

St Margaret's competes in the QGSSSA artistic gymnastics competition. Delta gymnastics oversees the program and has assisted students in becoming state and national gymnastic champions. Students who compete for St Margaret's will participate in several divisions, and in apparatus including vault, bars, beam and floor.

Training	Training commences in Term 1; the competition is held at the end of Term 1. Training sessions are held on three mornings a week and members are expected to attend all training sessions.
Training Venue	Delta Gymnastics – Kedron. Boothby St, Kedron.
Competition	The QGSSSA gymnastics competition is held at Clayfield College in March. There may also be various lead-up competitions conducted by other schools participating in the competition.
Uniform	Training is conducted in the school bike shorts and the navy physical education shirt. The competition uniform is the school artistic gymnastics leotard, which is made to order following selection to the team.



Athletics

St Margaret's has a long history of success within the athletics arena. Participation and interest in this sport has resulted in St Margaret's becoming one of the most successful schools within the QGSSSA competition and in state and national competitions.

2021	Third place QGSSSA Aggregate and second place QGSSSA Percentage cup
2019	First place Junior Nitro Schools Challenge
2014	Second Place Junior National Knockout Championships Third Place Junior National Knockout Championships
2002-2013	Del Mellefont Percentage Cup Winners
2010	Second Place National Knockout Championships
2009	Third Place QGSSSA
2008	Second Place QGSSSA

Head Coach

The athletics program is run by Eric Brown who is a Level 5 Multi-events Coach. Mr Brown has a Graduate Diploma in Elite Sports Coaching from The University of Queensland, and has coached athletes at the World Championships, Commonwealth Games, and National and State Championships.

Training	Training sessions take place mornings and afternoons commencing part way through Term 2 and continuing in Term 3 until the QGSSSA competition. It is expected that all squad members attend three sessions a week, including the compulsory session on Wednesday morning.
Training Venue	Windsor Park Sporting Fields (Windsor).
Competition	The QGSSSA Competition is held in September at the Queensland Sports and Athletics Centre (Nathan). Students will compete in lead-up competition meets on Friday evenings from mid-August to September at The University of Queensland (St Lucia Campus) or QSAC (Nathan).
Uniform	Training can be conducted in the athletics uniform or the school navy physical education uniform. The uniform for competition events is the athletics uniform or the school lycra navy bike pants and athletics singlet.



Badminton

Badminton is one of St Margaret's carnival sports. One team in each division can be entered, in each year group from Years 7 to 10, while students in Years 11 and 12 participate in Senior and Open teams. Each team consists of four to eight players.

Training	Training commences in Term Three, with two sessions a week in consultation with the Coordinator.
Training Venue	Philip Harris Gym.
Competition	The QGSSSA badminton competition is held in October, over two Saturdays. The competition venues are Ipswich Girls' Grammar School, St Laurences College and Brisbane State High School.
Uniform	The school navy physical education uniform is suitable for training. The navy physical education shorts and white representative shirt are to be worn on competition days.



Basketball

Basketball is an Autumn fixture sport and is played within the QGSSSA competition. St Margaret's boasts highly experienced coaches who aim to develop basketball into a highly competitive group.

Training	Training commences in Term 1 and continues into Term 2. Team training occurs twice a week. It is an expectation that all team members attend both training sessions.
Training Venue	Philip Harris Gym and multipurpose courts.
Competition	Games are conducted every Friday afternoon at the conclusion of Term 1 and throughout Term 2. Venues vary depending on the location of the host school.
Uniform	The school basketball singlet is available to purchase from the School Supplies Shop and the shirt is then numbered. The navy and white striped athletics shorts are also worn. The Open team wears an alternative uniform.



Cricket

A partnership between Wilston Norths Junior Cricket Club and St Margaret's was formed in 2020. Cricket involves girls from all year levels. Team members are selected based on their ability rather than their age or year level. The number of St Margaret's Cricket teams varies from year to year, dependent upon demand.

Training	Training commences in Term 4 and continues into Term 1. Training is held once a week.
Training Venue	Windsor Park Sporting Fields (Windsor).
Competition	Competition is held on Wednesday afternoons. Venues vary depending on the location of the host school.
Uniform	All cricket teams play in the white cricket polo shirt and long white pants with a blue baggy cap. The school navy physical education uniform is suitable for training sessions.



Cross Country

St Margaret's has a long history of success within cross country. Strong interest and participation in this sport has resulted in St Margaret's becoming one of the most successful schools within the QGSSSA competition and in state and national competitions.

2018	Runners Up Joan Benson Percentage Shield
2016	World All Schools Champion Team
2015	Australian All Schools Champion Team
	Joan Benson Percentage Shield
2002-2013	Joan Benson Percentage Shield
2011	Third Place QGSSSA
2010	Third Place QGSSSA
2009	Second Place QGSSSA
2008	Second Place QGSSSA

Head Coach

The cross country program is run by Eric Brown who is a Level 5 Multi-events Coach. Eric has a Graduate Diploma in Elite Sports Coaching from The University of Queensland and has coached athletes at the National and State Cross Country Championships.

Training	Training sessions take place on Monday, Wednesday and Friday mornings. All members are expected to attend two sessions a week, including the compulsory session on Wednesday.
Training Venue	Surrounding suburbs and Kedron Brook Bikeway.
Competition	The QGSSSA cross country competition takes place in May at Rivermount College (Yatala). Students also compete in lead-up competition meets on various dates and venues.
Uniform	Training can be conducted in the athletics uniform or the school navy physical education uniform. The uniform for competition events is the athletics uniform or the school lycra navy bike pants and athletics singlet.



Football (Soccer)

A partnership between Brisbane City FC and St Margaret's Football was formed in 2019. Football is an Autumn Fixture Sport within the QGSSSA Competition. St Margaret's Football caters to girls of all year levels and abilities by participating in the Open, Senior and Junior QGSSSA divisions.

Training	Training commences in Term 1 and continues into Term 2, taking place twice a week.
Training Venue	Brisbane City FC, Newmarket.
Competition	Games are conducted every Friday afternoon at the end of Term 1 and into Term 2. Venues vary depending on the host school.
Uniform	The school navy physical education uniform is suitable for training. Football jerseys, navy shorts and long blue socks are required for competition.



Hockey

St Margaret’s has a long history of participation in the QGSSSA hockey competition. The popularity of the sport has increased over the years, which has resulted in St Margaret’s becoming a very successful school within the QGSSSA competition.

Training	Training is held in Terms 2 and 3 twice a week.
Training Venue	Windsor Park Sporting Fields (Windsor) and Burringbar Turf Hockey Field.
Competition	The QGSSSA Competition is held every Saturday morning of Term 3. Venues vary depending on the location of the host school.
Uniform	Training is conducted in the school navy physical education polo shirt and skirt or shorts. The junior and senior uniforms consist of a hockey specific skirt and hockey singlet. The Open uniform consists of a hockey skirt and open hockey singlet with brown shoelace logo and white Open socks.



Life Saving

The pool life saving competition is run by the Royal Life Saving Society. St Margaret's has enjoyed much success with life saving over the years. The competition includes a number of different events for both individuals and teams. Along with many outstanding individual results, the team has come home with the Sheena Dyason Shield for Queensland Secondary Schools Life Saving Championships – Champion School Female for the 22nd year and winners of Judith Beal Shield for Overall School 2014 – 2016 and 2019.

Training	Training commences in Term 1 at the conclusion of QGSSSA Swimming and takes place before and/or after school twice a week.
Training Venue	St Margaret's swimming pool.
Competition	The State Life Saving Championships are held early in Term 2, at either Somerville House Aquatic Centre or Sunshine Coast Grammar swimming centre.
Uniform	The school swimsuit which is chlorine resistant, is used for training and competition.



Netball/Club Netball

The St Margaret's netball program is one of the best school-based programs in Queensland. St Margaret's participates in QGSSSA, Downey Park Netball Association (Club Netball), QISSN, Vicki Wilson Cup and Shield, and other school tournaments.

Training	Club training commences in Term 1 and continues through to Term 3. Each QGSSSA team trains twice a week while club teams train once a week. QGSSSA training commences in Term 2 and continues in Term 3.
Training Venue	Netball courts at Windsor Park Sporting Fields and the Philip Harris Gym.
Competition	QGSSSA games are played on Saturday mornings in Term 3 with home games being played at Windsor Park. Club games are played weekly on Saturdays commencing in Term 1 through to Term 3.
Uniform	Training can be conducted in the navy physical education uniform. Games are played in the A-line netball dress for both club netball and QGSSSA netball. Please note the Open team has a specifically designed A-line netball dress.



Rhythmic Gymnastics

Rhythmic gymnastics teams compete in the QGSSSA competition across a range of apparatus that may include ribbon, hoop, ball, clubs and rope. The competition is open to all ages and students are graded based on their ability or year level.

Training	Training commences in Term 2 and continues until the competition in August. Teams train two times a week.
Training Venue	Philip Harris Gym.
Competition	The QGSSSA competition is held in August at Moreton Bay College (Manly).
Uniform	Training is conducted in the school navy physical education shirt and bike pants or leotard. For competitions, students are required to perform in the school rhythmic gymnastics leotard, which is made to order following selection to the team.



Rowing

There are references to rowing at St Margaret's dating back to the start of the 20th century. However, it was the formation of the Brisbane Schoolgirls' Rowing Association (BSRA) in 1990 that really established rowing as a prominent sport within the framework of St Margaret's. In 2005, the St Margaret's rowing shed, located just 1.5km from the school in Yowoggera Park on Breakfast Creek in Albion, was completed. This facility has proudly been renamed the 'Tony Elliot Rowing Shed' in honour of Tony's contribution to rowing at St Margaret's. The facility allows a full fleet of world-class boats and oars, as well as coaching tinnies and rowing machines to be stored and accessed by all students throughout the year. Rowing at St Margaret's is about developing lifelong, worthwhile skills through training. Rowing requires a high level of teamwork, commitment and dedication. St Margaret's has a long history of success resulting in St Margaret's being the most successful school in the BSRA.

- 2021 1st place Year 8 Division
1st Place Year 9 Division
2nd Place Year 10 Division
1st Place Senior Division
1st Place – Aggregate Cup
- 2020, 2018 – 2015 – 1st Place Aggregate Cup
- 2019 1st Place Percentage Cup
- Year Groups – Years 8-12 only

Training	Training is held in Terms 2 and 3.
Training Venue	The Tony Elliot Boatshed, Sandgate Road, Albion.
Competition	The BSRA Regatta Season is held on Saturdays in Term 3 at Wyaralong Dam, north-west of Beaudesert.
Uniform	Training is conducted in the physical education polo shirt and bike pants or the rowing suit (zootie). The competition uniform is the zootie for all other crews.
Year Groups	Years 8 - 12 only



Swimming

St Margaret's has a long history of success in swimming. High participation and interest in this sport has resulted in St Margaret's becoming one of the most successful schools within the QGSSSA competition.

2021	Third place QGSSSA
2020	Third place QGSSSA
2019	Third place QGSSSA
2018	Runners Up Sheena Dyason Percentage Cup
2006-2011, 2013	Sheena Dyason Percentage Cup Winners
2011	Fourth Place QGSSSA
2010	Second Place QGSSSA
2009	Third Place QGSSSA
2008	Third Place QGSSSA

Head Coach

The swimming program is run by Kevin Sargent. Kevin is a highly experienced coach who was the Director of Australian Swim Camps from 2000 until 2012. He was invited to coach in China in 2013 – 2016 and was also the Head Age Group Coach at Nudgee College.

Training	Training sessions take place most mornings and afternoons of Terms 1 and 4 until the QGSSSA competition. It is expected that all squad members attend three sessions a week, and all scheduled swim meets leading up to the QGSSSA Championship.
Training Venue	St Margaret's swimming pool.
Competition	The QGSSSA competition is held in March at the Brisbane Aquatic Centre at Chandler. Students compete in lead-up competition meets on Friday evenings in Term 1.
Uniform	Training is to be conducted in the School swimsuit. The competition swimsuit is required for the QGSSSA competition. Swimming caps are provided.



Tennis

St Margaret's tennis program is coordinated through Beck Meares and Rise Tennis. Beck Meares offers excellence in development, training and coaching with decades of the highest levels of experience in tennis.

Having coached Pre-Preps all the way to world champion junior players and elite touring professionals, the program is sure to deliver for our school community. Beck is passionate about developing young players for life long enjoyment, participation, competition and high performance.

Students can participate in the school tennis program by entering in the QGSSSA competition and other school-based competitions or by taking private lessons.

St Margaret's also competes in the Knowles Cup Tennis Competition, which is held in Term 4.

Training	Training commences in Term 2 and continues into Term 3 for QGSSSA and Term 4 for Knowles Cup. Two training sessions are scheduled throughout the week and times vary depending on coach availability.
Training Venue	Northshore Tennis centre and St Margaret's courts.
Competition	QGSSSA games are held every Friday evening or Saturday morning of Term 3. Venues vary depending upon the location of the host school. Knowles Cup occurs on the first four Saturdays in Term 4.
Uniform	Competition uniform is a tennis specific shirt and tennis skirt; the school navy physical education uniform is acceptable for training.



Touch Football

Touch football is one of the most popular sports at St Margaret's and is a part of the Autumn fixture competition within the QGSSSA competition. With high participation levels, St Margaret's touch football has had success over the last few years, with several teams winning premierships. Other school-based competitions are also offered during the year.

Training	Training commences in Term 1 and continues into Term 2, taking place on Tuesday and Thursday mornings and/or afternoons.
Training Venue	Windsor Park Sporting Fields (Windsor).
Competition	Games take place on Friday afternoon and St Margaret's home games are played at Windsor Park Sporting Fields (Windsor). Other venues vary depending upon the location of the host school. The QGSSSA competition concludes in June.
Uniform	Training can be conducted in the navy physical education uniform. Competition uniform is the school navy lycra physical education bike pants and the touch football singlet.



Volleyball

Volleyball is part of the Winter fixture competition within the QGSSSA. It has seen a steady increase in participation and competitive results in recent years.

Season	Training commences in Term 2 and continues into Term 3 with two training sessions a week.
Training Venue	Philip Harris Gym.
Competition	Games are played each Saturday morning in Term 3. St Margaret's home games are played in the Philip Harris Gym.
Uniform	The school navy physical education uniform is suitable for training sessions. Competition uniform consists of the school volleyball shirt and the navy physical education shorts.



Water Polo

Water polo is a popular and competitive sport. Participation is open to students in Years 5 to 12 and is conducted within the Brisbane Water Polo Association Inc. (BWPI) through Water Polo Queensland. Players are required to pay registration fees that cover membership and insurance.

Training	Training is conducted in Term 1 and Term 4 on Mondays, Wednesdays and Fridays for all teams. All players are also required to participate in the school's swimming program once a week for swim fitness.
Training Venue	St Margaret's swimming pool.
Competition	The Brisbane Water Polo Competition is held on Saturday morning in Term 1 and Term 4 at Stuartholme (Toowong), St Rita's (Ascot), Somerville House (South Brisbane), All Hallows Musgrave pool and St Margaret's pool.
Uniform	The Katzoot is suitable for both training and competition. Water polo caps are supplied.



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