



Dear Parents/Guardians and Girls

ST MARGARET'S WATER POLO DAY CAMP 2019

This year St Margaret's is launching a two-day Water Polo day camp. The camp will be held on **Sunday 6 October 1.00pm – 4.00pm** and **Monday 7 October 9.00am – 12noon** at Yeronga Park Swimming Pool, Yeronga. The aim of the camp is to build on your daughter's fitness and skills whilst providing opportunities for technical and team development. It will also be a fun and rewarding experience. The program over the course of the two days will include:

- Skill based sessions catering for all levels
- Team play and strategies
- Overview of the new Water Polo rules
- Team building

COST

The cost of the two-day camp is \$100. If you are unable to attend both sessions the cost is \$50 per day. This cost includes pool hire, coaching, merchandise and a BBQ lunch on Monday 7 October. All players, both boarders and day girls are strongly encouraged to attend this camp so that we can consolidate on skills, fitness, team work and gain a greater understanding of the new Water Polo rules in preparation for the commencement of the season on **Saturday 12 October**.

SUPERVISION

During the camp, girls will be under the guidance and supervision of Water Polo Coordinator and Secondary Teacher, Emily Ethell, St Margaret's Coaching Director, Nicola Johnson as well as visiting coaches and staff members including Head of Sport, Helen Lobegeiger.

REGISTRATION

To reserve a place at the 2019 Water Polo Camp, please complete the registration on [Flexischools](https://flexischools.com.au) by Monday 30 September.

Yours sincerely

Helen Lobegeiger
Head of Sport