



## ST MARGARET'S CLUB WATER POLO INFORMATION AND REGISTRATION LETTER 2018/19

Dear Parents/Guardians and Girls

St Margaret's will once again be competing in the Brisbane Water Polo Incorporated Junior 2018/19 Season and will be entering teams in the Under 13, Under 14, Under 15, Under 16 and Under 18 Year divisions. Please find below information about the upcoming season, selection processes and FAQ's to help you understand Club Water Polo and the commitment required for a successful season. Once you have read through this information and if you choose to sign up for the Water Polo season then you are required to complete:

1. The online [St Margaret's Club Water Polo – Internal Registration Form](#). This will provide us with information regarding playing positions, previous water polo experience, registration, contact information etc.

### Water Polo Queensland Registration

Brisbane Water Polo Association and Water Polo Queensland now require all players, coaches, referees, team managers and committee members to register online via the new MemberPool system from September 1. Payment of \$124 for players and \$20 for non-playing members which includes insurance will be included in this registration process.

**NOTE: Registration with MemberPool will open as of September 1, a step by step guide on how to register will be sent out to ALL parents and students.**

**In the meantime, please...** Complete the 'St Margaret's Club Water Polo – Internal Registration Form' through the above link (please complete one per child wishing to play Water Polo).

### Club Water Polo Fees

Students who are successful in making a Water Polo team will be required to pay a total fee of \$274. The breakdown of the fees are as follows:

- Player Capitation Fee \$124 (paid directly to Water Polo Qld through the MemberPool system)
- BWPI Team Entry Fee \$100 (paid via *flexischools*)
- Venue hire/Equipment Fee \$50 (paid via *flexischools*)

#### **Please Note:**

St Margaret's Water Polo specific swimwear is required for all games which is available for students selected in teams at the School Supply Shop. Prices range from \$70 - \$90.

### Parental Support

Due to the high participation level required at club water polo, we need to ensure we have sufficient parental support to assist in the running of this program. We are looking for parents to be involved in roles, such as: Team Managers, Table Officials (scorekeeping/timekeeping) as well as volunteers to assist when St Margaret's is identified as the Duty Club. You will be able to nominate your preference as part of the registration process.

## Come 'N' Try Day

Come 'n' Try Water polo Day is an opportunity for girls in Year 6 – Year 11 who have not played Water Polo before and are interested in playing for St Margaret's Club Water Polo.

**When:** Saturday 25 August 2018

**Time:** 3.00pm – 5.00pm

**Where:** Valley Pool – 432 Wickham Street, Fortitude Valley

**Who:** Any student in Year 6 – 11 who has not played Water Polo before. All participants must be able to swim 50m unassisted.

**Cost:** Free

**RSVP:** Please email the Head of Sport, Helen Lobbeiger – [hlobbeiger@stmargarets.qld.edu.au](mailto:hlobbeiger@stmargarets.qld.edu.au) to express your interest in this event. Please include your full name and 2018 year level. This needs to be done no later than Wednesday 22 August.

## Trial Dates and Times 2018

Age	Birth Year	Trial	Trial Venue	Time
12 and 13 Years	2007 & 2006	Thursday 6 September Thursday 13 September	Valley Pool Valley Pool	4pm – 5pm 4pm – 5pm
14 and 15 Years	2005 & 2004	Thursday 6 September Thursday 13 September	Valley Pool Valley Pool	5pm – 6pm 5pm – 6pm
16 and 18 Years	2003, 2002 and 2001	Tuesday 11 September Tuesday 18 September	Valley Pool Valley Pool	4pm – 5pm 4pm – 5pm

## DATES FOR YOUR DIARY 2018

Age	Date/Activity	Venue	Day/Time
All Ages	Training Commences - Week beginning Monday 8 October	50m Pool	Wednesday/Friday Times TBC
ALL AGES	SEASON BEGINS Saturday 13 October	Various – Somerville, All Hallows, St Rita's, Stuartholme	Saturdays Times TBC
ALL AGES	Round 6 (last game prior to Xmas break) Saturday 1 December	Various – Somerville, All Hallows, St Rita's, Stuartholme	Saturdays Times TBC
ALL AGES	SEASON RECOMMENCES Saturday 2 February 2019	Various – Somerville, All Hallows, St Rita's, Stuartholme	Saturdays Times TBC
ALL AGES	Club Water Polo Party – 20 March	50m Pool	Wednesday 3.30pm – 5.00pm
ALL AGES	Semi-Finals begin – Saturday 30 March	Various – Somerville, All Hallows, St Rita's, Stuartholme	Saturday Time TBC

## BWPI FIXTURE DATES 2018/2019

	Round	Juniors
October '18	Grading only	Sat. 13 Oct. '18
	Grading only	Sat. 20 Oct. '18
	Round 1	Sat. 27 Oct. '18
November '18	Round 2	Sat. 3 Nov. '18
	Round 3	Sat. 10 Nov. '18
	Round 4	Sat. 17 Nov. '18
	Round 5	Sat. 24 Nov. '18
December '18	Round 6	Sat. 1 Dec. '18
February '19	Round 7	Sat. 2 Feb. '19
	Round 8	Sat. 9 Feb. '19
	Round 9	Sat. 16 Feb. '19
	Round 10	Sat. 23 Feb. '19
March '19	Round 11	Sat. 2 Mar. '19
	Round 12	Sat. 9 Mar. '19
	Round 13	Sat. 16 Mar. '19
	Round 14	Sat. 23 Mar. '19
	Semi-final	Sat. 30 Mar. '19
April '19	Grand Final	Sat. 6 Apr. '19

## St Margaret's Club Water Polo Frequently Asked Questions

### **What do I bring and do at training?**

- Arrive at training on time and attend training every week it is held, even when injured.
- Bring all required equipment to each training session (eg water bottle, school togs, cap, mouth guard)
- Notify the Water Polo Coordinator prior to your absence from training for any reason.
- Help to set up equipment and pack it away.

### **What do I need to do on Saturday before the game?**

- Arrive at the designated warm up time of 30 minutes before your game starts, remembering to allow time for parking as all venues are very busy on Saturdays. Attend your game each week it is held.
- Bring all required equipment to each game (eg water bottle, correct St Margaret's water polo togs and cap). Please note all players are strongly encouraged to wear a mouth guard.
- Notify the Water Polo Coordinator and Team Manager as soon as possible if you will be absent from the game for any reason. It is much better to let the Team Manager know if you have been unwell in the days before the game and may not be able to play so that an alternative team plan can be created. At the very latest, you need to notify the Team Manager of your absence by 7.00am on game day.
- Your first action on game day is to greet your coach to let them know you have arrived and then sign the game card.
- Your second action is to double check that you have removed all jewellery and have short nails.
- Remain with your coach and wait for further instructions about warm up and where to put your water bottle.

**If I am a reserve for a quarter, where should I sit?**

- Team reserves (players not on the field) will remain in the pool together in an area designated by the coach. This area will be poolside. Team members must remain in this area.
- At the end of each quarter you need to come directly to the coach as quickly as possible. Your coach only has a few minutes to give feedback and review the team game plan. Listen to what your coach says and follow their instructions.

**What is expected of me after the game ends?**

- When the hooter sounds and the referees whistle to signal the game is over, you should shake hands with the opposing team. The team captain will lead the team to come together and give “three cheers” for the referees and scorer; the opposing team and our team.
- You will need to stay after the game to listen to feedback from your coach and set some goals for training.

**I am a parent and would really like to get involved with the Club, how can I help?**

- It is great to have parents come and support St Margaret’s Water Polo and a successful club requires family commitment. Throughout the season our Club will require your help managing teams, assisting with table duty as well as volunteering when St Margaret’s is the Duty Club and communicating with other parents. If you would like to be a manager for a team and have not identified this on your daughter’s registration form please email, Head of Sport, Helen Lobegeiger - [hlobegeiger@stmargarets.qld.edu.au](mailto:hlobegeiger@stmargarets.qld.edu.au)
- Thank you for your time in advance.

**What is my team’s season plan and can I help in anyway?**

- Please remember that the coach has a plan and has been working with the team in training to develop Water Polo skills and knowledge. Becoming a better player as well as a better team takes time. Sometimes it can be challenging to resist the urge to give ‘advice’ to your child during the game and in breaks, but please resist.
- What we really need is encouragement for the team to keep them going and giving their best no matter what. Our team members will feel supported and have more fun when they hear comments like “great effort”, “great work”, “keep it up”. Look for what our team is doing well and let them know.
- If you aren’t sure of what the team is working on in training sessions, would like some ideas for your daughter to practice at home, want to learn a bit more about water polo terms or rules, or have any other questions, ask the coach. A great time to ask is at the end of training sessions or end of a game.

Thank you for reading through this information if you are still interested please complete the internal registration form by clicking below:

**St Margaret's Club Water Polo – Internal Registration Form**