



Trends in EDUCATION SERIES



Invitation

Focus is the new IQ

Presented by Dr Karl Sebire, PhD

Dr Karl Sebire is the Director of Research & Practice at Mentone Girls' Grammar, board member of ADHD Australia, and sessional academic at the University of Melbourne. He consults and contributes to the conversation around learning, screen time and focus.

In this session, Dr Karl Sebire will address the challenges and opportunities presented by technology in modern education, and life more broadly. He will discuss the critical role of focus in an age of distraction, exploring the perils of divided attention and the principles of cognitive load theory. Dr Sebire will debunk myths about multitasking, and highlight the importance of media literacy and the challenges of obtaining knowledge in the information age. Delving into the historical resistance to technological advancements and the psychology of negative media cycles, he will distinguish between meaningful educational change and fleeting trends.

Attendees will gain insights into effective strategies for integrating technology in the classroom, managing change with teachers, and bringing parents along in the process. The session will also focus on the challenges of promoting deep learning and flexible thinking in a world of quick fixes and digital dopamine dependence. Additionally, Dr Sebire will explore the broader implications of technology for social and wellbeing development, addressing the associated risks and engaging parents in constructive conversations about screen time.

Dr Karl Sebire's research explores the transformative potential of technology in education, advocating for its meaningful integration to enhance learning outcomes. With a focus on empirical research, Dr Sebire navigates the often contentious landscape of screen time and technology, contending that, when used effectively, technology can significantly benefit both students' and educators' capabilities.

WHEN

Thursday 8 August

4:30pm to 6:00pm

(4:00pm afternoon tea)

WHERE

**St Margaret's Arts Centre Foyer
11 Petrie St, Ascot QLD**

RSVP

**COB Monday 5 August
via this [Link](#)**

**For more information contact
Megan Farnsworth:**

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THIS EVENT IS FREE

SEMINAR 2