

St Margaret's



# PRIMARY

# PRACTICE-A-THON

## 17-30 AUGUST 2025

**Do you want to significantly improve your musical abilities?**

**Are you keen to develop a more consistent practice routine?**

*All money raised will contribute to buying resources for girls involved in the St Margaret's Music Program, including a **Steinway piano** for the planned St Margaret's Arts Precinct.*

Did you know that playing music:

- strengthens bonds with others
- strengthens memory and reading skills
- allows you to process multiple things at once
- increases blood flow to the brain
- reduces stress
- makes you happy!

**Recommended daily practice session times:**

**Beginner: 10-20 minutes**

**Intermediate: 20-30 minutes**

**Advanced: 30-60 minutes**



**PRIZES  
TO BE WON!**  
for most money raised,  
most practice and  
random draws

### How will it work?

**Step 1**

Make a pledge to consistently practice your musical instrument (voice included) between the 17<sup>th</sup> and 30<sup>th</sup> of August 2025.

**Step 2**

Follow the link <https://www.mycause.com.au/events/stmargaretsmusicprimaryschoolpractice-a-thon> to the MyCause site. It's here that you will set up your very own fundraising profile. This is where you can personalise the page, put up your picture and make it your own.



**Step 3**

You will then receive an email link to your fundraising page to share with your family and friends asking them to sponsor you by donating.

*There will be prizes on offer and, more importantly, you will improve your practice routine whilst raising funds for the St Margaret's Music Program!*