

PRACTICE-A-THON

2-13 MAY 2022

Do you want to significantly improve your musical abilities?

Are you keen to develop a more consistent practice routine?

Be a part of the inaugural St Margaret's Practice-a-thon. Whether you play an instrument or sing, students from both secondary and primary can get involved.

All money raised will contribute to buying new musical instruments and resources for girls involved in the St Margaret's Music Program.

Did you know that playing music:

- strengthens bonds with others
- improves memory and reading skills
- allows you to process multiple things at once
- increases blood flow to your brain
- reduces stress
- makes you happy!

Recommended daily practice session times:

Beginner: 10-20 minutes

Intermediate: 20-30 minutes

Advanced: 30-60 minutes



How will it work?

Step 1

Make a pledge to consistently practice your musical instrument (voice included) between the 2nd and 13th of May 2022.

Step 2

Follow the link <https://www.mycause.com.au/events/stmargarets> to the MyCause site. It's here that you will set up your very own fundraising profile. This is where you can personalise the page, put up your picture and make it your own.



Step 3

You will then receive an email link to your fundraising page to share with your family and friends asking them to sponsor you by donating.

There will be prizes on offer and, more importantly, you will improve your practice routine whilst raising funds for the St Margaret's Music Program!