

ATHLETICS INFORMATION - 2018

Coordinator: Thomas Smithers Email: tsmithers@stmargarets.qld.edu.au

Teacher Assistant: Talia O'Callaghan Teacher Assistant: Emily Ethell

Please read all the dates carefully to understand your commitment to the 2018 Athletics Season. It is expected that students attend a minimum of two training sessions per week as well as all competitions.

ATHLETICS TRAINING								
Monday	Tuesday	Wednesday	Friday					
Windsor Park 6:30am – 7:45am								
High Jump – Lunch - PHSC	High Jump – Lunch - PHSC	High Jump – Lunch - PHSC						
3:30pm – 5:00pm		3:30pm – 5:00pm						

QGSSSA COMPETITIONS									
UQ ATHLETICS MEETS							QGSSSA Carnival		
August 10	August 17	August 24 Relay Meet	August 31	September 7	September 14	October 12	Monday 15 October		

Schools Knockout: QLD Final – Saturday 8 September. National Final – TBC December - proposed venue TBC.

Athletics Camp: 20 September – 22 September 2018

*Girls will be transported to and from all QGSSSA competitions and additional competitions entered by the school. Parents are welcome to collect their daughters from competition venues, we just ask that students have their names marked off the roll prior to departing.

ST MARGARET'S SELECTION POLICY FOR TRACK & FIELD

Criteria for the Selection

1.1 The major criterion for selection will be the performance of the athlete at the trials and or QGSSSA warm up meets taking into consideration the below factors:

Areas of performance considered should include:

- 1.2 The skill and fitness level exhibited by the athlete
- 1.3 The performance/individual result of the athlete
- 1.5 The attitude and behaviour of the athlete on and off the track/field
- 1.6 The exhibition of qualities of a team athlete
- 1.7 If an individual is unable to attend a nominated trial date or QGSSSA meets, due to an unavoidable circumstance, she must provide written evidence, such as a medical certificate or invitation from QLD school sport team. Performance during training and/or recent race performances may then be considered.
- 1.8 Individual sport event selection is based on individual entries that are best suited for the success of the whole team.

Selection Panel

2.1 The Head Coach and/or Activity Coordinator will head of the selection panel. The Head of Sport may also be included.

Selection Procedures

- 3.1 Students are notified of trial dates and training times at sign on wherever practical
- 3.2 The selectors must meet after each trial
- 3.3 The selectors may use a sport specific criteria for team sports and maintain written report/assessments of each trial for selection purposes.
- 3.4 The selectors will present the team lists to the Head of Sport for final approval.
- 3.5 Teams will be announced as soon as possible after the final trials.
- 3.6 Queries should be directed to the Activity Coordinator in the first instance and then to the Head of Sport.
- 3.7 All decisions ultimately are at the Principal's discretion