

Per Volar Sunata

St Margaret's



Student Wellbeing

FRAMEWORK





The Student Wellbeing Framework is designed to prepare confident, compassionate and capable women who are able to contribute in a global community. As such, it articulates the beliefs, aims and practices related to the facilitation of student wellbeing at the school.

The research is clear. Social and emotional wellbeing is vital for academic success. This Student Wellbeing Framework complements the St Margaret's Quality Teaching and Learning Framework, with its focus on five pillars which are conducive to effective learning. This Student Wellbeing Framework has a close association with all pillars; however, the closest association may be seen to connection.

The Student Wellbeing Framework should also be read in conjunction with The St Margaret's Way and the school's values.

Beliefs

The rationale which sits behind this plan rests on four guiding principles which shape both the aims and practices relating to pastoral care at St Margaret's.

1. Student wellbeing is the central component of high quality education.
2. Student wellbeing sits at the heart of effective learning.
3. Student wellbeing in a school context depends on the twin themes of connection and belonging.
4. Student wellbeing is the responsibility of all members of the community not just those identified as having pastoral care responsibilities.

Aims

Our framework ensures that our student wellbeing programs aim to:

- establish a connection between each student and the school which promotes a sense of belonging
- assist students to become dynamic and passionate members of the broader community
- build a culture that celebrates difference and diversity
- promote the development of empathy and compassion within each individual
- foster students' social, emotional, spiritual, ethical and physical development in order to reduce risk-taking behaviours and minimise harm
- imbue students with an understanding of their power as authors of their lives.

Six Aspects of Wellbeing

At St Margaret's we value the pursuit of continued growth and wellbeing. Wellbeing is a full integration of intellectual, physical, social, emotional, spiritual and vocational wellbeing. Each area contributes to a sense of wellbeing and quality of life and each affects and overlaps the other.

Figure 1



The Five Areas

The beliefs and aims articulated are manifested in a set of operational practices which can be categorised into five areas. Four of these are relevant to all students and the fifth – Care of Boarders – links with documentation specific to their wellbeing.

Figure 2



Academic Care

Academic Care acknowledges that classroom teachers as much as specifically appointed pastoral staff or leadership staff have a responsibility for student wellbeing. Research indicates that learning flourishes when students feel a sense of belonging and feel valued. All teachers seek to make meaningful connections with each of their students in order to support their progress in the classroom.

Age-Appropriate Student Focused Programs

As well as the programs which are embedded through the year level, academic advising, form and classroom contexts, students are engaged in a variety of bolt-on pastoral care programs designed to address the specific developmental needs of each year level. These are assessed regularly to ensure they are delivering impactful and relevant information and learning experiences for students.

Care of Boarders

St Margaret's offers a boarding experience for students from Years 5 to Year 12. The main focus for our boarding house is to provide the highest level of care to each individual.

The emotional health and wellbeing of our students, staff and families are our priority and specific programs are offered to boarders throughout the year.

Service to Others

The opportunity for young people to contribute to the community and be involved with something bigger than themselves and their needs is a key element in fostering wellbeing. St Margaret's ensures this through community service passports, service through leadership passports and charity fundraising led by the students and the philanthropy group.

Staff and Students

All members of the school community are committed to the wellbeing of all students. This is best served by The St Margaret's Way initiative. St Margaret's ensures that every student is known, valued and monitored. Critical to a successful partnership between St Margaret's and parents is an open and respectful channel of communication between school and home.

St Margaret's The Way

Spirit • Inclusivity • Integrity • Courage • Respect • Passion

At St Margaret's

we know that

positivity
and gratitude

have an immense impact

on our emotional wellbeing,

thus creating an environment where

WE ALL CAN
FLOURISH

Our Values

The school's six core values are born from our Christian faith through our Anglican tradition and are embedded in every endeavour that the students undertake.

Spirit

A St Margaret's girl will value and demonstrate an enthusiasm for the school, our faith tradition, and our environment.
The St Margaret's spirit is in all students and is there for life.
It is a thread that connects St Margaret's girls with each other.

Inclusivity

A St Margaret's girl knows that every single person reflects the image of God and deserves to be treated with dignity. She demonstrates inclusivity by acting with compassion and charity, celebrating the gifts of every individual.

Integrity

A St Margaret's girl is known for her ethical behaviour.
She is honest and reliable and acts with integrity.

Courage

A St Margaret's girl has strength of character and confidence in doing what is right. She is a part of a long line of women of faith who have had the courage to embrace challenge and change.

Respect

A St Margaret's girl has respect for herself and others. She understands that she is a member of a diverse community, and she takes responsibility as a team member to care, support, and cooperate with others.

Passion

A St Margaret's girl expresses gratitude for the gift of life. She has a positive outlook on life that drives the commitment and persistence necessary for learning and achievement.

St Margaret's



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